

Description of HOD Run Groups

A-Novice with One-on-One coaching. This group is for novice drivers with little or no experience and will include essential classroom input, about an hour in their car doing car control exercises with a coach, and a dedicated coach for the day. Passing in this group is limited to designated passing zones with all passes on the left with a mandatory point-by per car. We observe that drivers participate in 1-3 events in A-Novice before advancing to A-Solo.

A-Solo Novice. This group has either completed the HOD A-Novice program or has been signed off for solo elsewhere. In this group 3 drivers work with one coach with the expectation that each driver will have the coach with them at least once. Classroom time is limited to introductory comments. After each on-track session they will have an intimate download session with their coach. Passing in this group is limited to designated passing zones with all passes on the left with a mandatory point-by per car. Drivers will participate in 1-3 events as A-Solo before advancing to B-Intermediate.

B-Intermediate. Drivers in this group are at the intermediate level. We typically provide a lead/follow for the first session of the day to orient drivers new to that track. Passing in this group is limited to designated passing zones with all passes on the left with a mandatory point-by per car.

B-Intermediate with Team Coaching. Drivers in this group are at the intermediate level. In this group 3 drivers work with one coach with the expectation that each driver will have the coach with them at least once. After each on-track session they will have an intimate download session with their coach. Passing in this group is limited to designated passing zones with all passes on the left with a mandatory point-by per car.

C-Advanced, Point-By Passing. Passing in this group can be on either side and can occur anywhere it makes sense (no passing in the apexes as HOD events are non-competitive) with a mandatory point-by per car.

D-Advanced, Open Passing. Passing in this group can be on either side and can occur anywhere it makes sense (no passing in the apexes as HOD events are non-competitive) with no point-by required (although sometimes they are helpful).